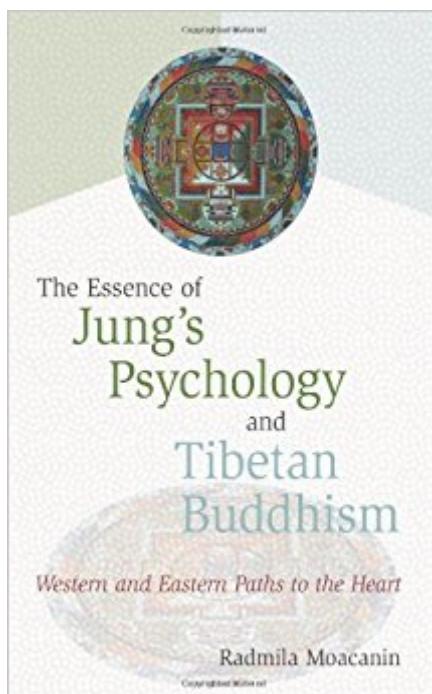


The book was found

# The Essence Of Jung's Psychology And Tibetan Buddhism: Western And Eastern Paths To The Heart



## Synopsis

The Essence of Jung's Psychology and Tibetan Buddhism cuts to the heart of two very different yet remarkably similar traditions. The author touches on many of their major ideas: the collective unconscious and karma, archetypes and deities, the analyst and the spiritual friend, and mandalas. Within Tibetan Buddhism she focuses on tantra and relates its emphasis on spiritual transformation, also a major concern of Jung. This expanded edition includes new material on the integration of the two traditions, and the importance of these paths of the heart in today's unsteady world.

## Book Information

Paperback: 144 pages

Publisher: Wisdom Publications; 2nd edition (June 1, 2002)

Language: English

ISBN-10: 0861713400

ISBN-13: 978-0861713400

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 9.9 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 starsÂ  See all reviewsÂ  (7 customer reviews)

Best Sellers Rank: #149,164 in Books (See Top 100 in Books) #49 inÂ  Books > Medical Books > Psychology > Movements > Jungian #70 inÂ  Books > Medical Books > Psychology > History #82 inÂ  Books > Health, Fitness & Dieting > Psychology & Counseling > History

## Customer Reviews

Wisdom Publications has issued a new 2003 edition of the 1986 classic by Radmila Moacanin. In 22 pages, she provides with exquisite clarity the most concise summary available of Hinayana, Mahayana, and Vajrayana Buddhism. This compelling overview will provide both a novice and an experienced practitioner with a few insights, undoubtedly due to the depth of the author's insight. Tying the essence of Vajrayana Buddhism to Jungian psychology has always been, in my view, the best way to articulate the experience of Tibetan deity practice to the Western mind. The Tibetan tankas used for meditative practice are not only beautiful works of art. They are powerful devices that can provide a window into an alternative reality. The encounter with a deity (or with a Jungian archetype) results in a stronger force which compels the practitioner to take another path. One no longer chooses a goal, it chooses him or her. The goal becomes the manifestation in practical reality of one's higher Self. Experienced initially as something "other," the Self embodied as the deity or archetype, shatters the conventional ego-centric view of the world and liberates the mind from

self-imposed imprisonment. The encounter with unconscious forces can be risky. Many Western teachers have recommended depth psychology and a thorough analysis as a prerequisite to the journey. At a minimum, it would help everyone to gain familiarity with unconscious contents and how to deal with them. Failing that, encountering deep feelings unexpectedly in the experience of daily life, as everyone does at one time or another, can be a disorienting experience.

When originally published in 1986, it was groundbreaking; it's still worth reading, though there are similar books now (Daniel Meckel & Robert Moore's "Self Liberation: The Jung-Buddhist Dialogue" & others on Western Psychology & Buddhism [See my draft listmania]). Here the author effectively demonstrates many similarities/parallels between Jung's works & Vajrayana, but not Mahamudra/Dzogchen (MM/Dz). She provides an introduction to each system-with interesting observations-p. 6: quoting Nancy Wilson Ross, Buddhism: A Way of Life and Thought (NY: Vintage, 1981) p. 44, "It has been said that [Hinayana] emphasizes the humanity of the Buddha; Mahayana emphasizes the Buddha nature of humanity."p. 17: "According to one author [S. B. Dasgupta, An Introduction to Tantric Buddhism, University of Calcutta, 1974, p. 54] there was no one particular person who introduced tantra into Buddhism at any particular time, but rather that it has been gradually incorporated in the course of centuries. The same author maintains that there are no fundamental differences between Hindu and Buddhist tantras [p. 145]." Others disagree, stating "it was crystallized into a definitive form by the 3rd century" CE & that there are fundamental differences especially in the definition of yab-yum.p. 21: "On the path toward freedom any passion and desire must be utilized and transformed into wisdom. This is a very basic principle of any Tantric practice. In this respect it is similar to homeopathy, working on the principle that like cures like. The very same element that causes a disease may if applied in a proper dose act as an antidote and a cure."She then compares the methodologies, archetypal symbols, similarities/differences including--Tara, Vajrayogini vs.

[Download to continue reading...](#)

The Essence of Jung's Psychology and Tibetan Buddhism: Western and Eastern Paths to the Heart  
Buddhism: Buddhism For Beginners: Your Guide to Incorporate Buddhism into Your Life (Buddhism Focus, Buddhism Teachings, Buddhism History, and Buddhism ... Life) Buddhism: Buddhism for Beginners - The Ultimate Guide to Buddhist Teaching and Enlightenment (Zen Buddhism, Mindfulness, Guided Meditation, Exercises, Buddhism Psychology Books) A Study of the Impact of Tibetan Buddhism on Tibetan Customary Law (A Tibetan-Chinese version) (Chinese Edition) Buddhism: Beginner's Guide to Understanding & Practicing Buddhism to Become Stress and

Anxiety Free (Buddhism, Mindfulness, Meditation, Buddhism For Beginners) Tibetan Literature: Studies in Genre (Studies in Indo-Tibetan Buddhism) The Four Noble Truths and Eightfold Path of Buddhism: Discover the Essence of Buddhism and the Path to Nibbana 5 BOOKS ON HINDUISM AND BUDDHISM. THE ESSENCE OF BUDDHISM, THE LIGHT OF ASIA, HINDU LITERATURE, THE SONG CELESTIAL OR BHAGAVAD-GITA, INDIAN POETRY (Timeless Wisdom Collection Book 4750) BUDDHISM: Buddhism For Beginners: How To Go From Beginner To Monk And Master Your Mind (Buddhism For Beginners, Zen Meditation, Mindfulness, Chakras) BUDDHISM: 50 Buddhist Teachings For Happiness, Spiritual Healing, And Enlightenment (Buddhism For Beginners, New Age Meditation, Dalai Lama, Zen Buddhism, Spiritual Guide, Stress Free, Dharma) BUDDHISM: Buddhism for Beginners: A Practical Guide to Spiritual Enlightenment (buddhism for beginners, zen, chakras, reiki, energy healing, spiritual awakening, mindfulness) Buddhism: Buddhism for Beginners: The Complete Introduction to Buddhism: Meditation Techniques, Acceptance, & Spiritual Practice (Buddhist, Meditation, ... Mindfulness, Zen, Inner Peace, Dalai Lama) Buddhism: How To Practice Buddhism In Your Everyday Life (Buddhism for Beginners, Zen Meditation, Inner Peace, Four Noble Truths) Buddhism: Buddhism For Beginners, The Complete Guide Of Buddhism, Everything You Need To Know To Practice Buddhist Teachings In Your Everyday Life Heart Disease: Heart Disease Prevention And Reversal Guide To Prevent Heart Disease And Reverse Heart Disease With Heart Disease Prevention Strategies And Heart Disease Diet Advice Heart Essence of the Khandro: Experiential Instructions on Bonpo Dzogchen - Thirty Signs and Meanings from Women Lineage-Holders (English and Tibetan Edition) Psychology: Social Psychology: 69 Psychology Techniques to Influence and Control People with Communication Tricks, NLP, Hypnosis and more... (Psychology, ... NLP, Social Anxiety, Cognitive Psychology) Dreams: (From Volumes 4, 8, 12, and 16 of the Collected Works of C. G. Jung) (Jung Extracts) Jung the Mystic: The Esoteric Dimensions of Carl Jung's Life and Teachings Synchronicity: An Acausal Connecting Principle. (From Vol. 8. of the Collected Works of C. G. Jung) (Jung Extracts)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)